



# AFTER SCHOOL PROGRAM

School Age Care at the Y, Ages 8-10

## PEAK:

### Promoting Enrichment, Adventure, Knowledge:

The YMCA PEAK program, for ages 8-10, is designed to teach kids how to transition from supervised care to self-supervision within a safe space. We will focus on the fundamental needs of kids: belonging, autonomy, achievement, and relationships while incorporating our YMCA core values of honesty, respect, responsibility, and caring.

### DAILY SCHEDULE: (structured similar to the following)

- 3:40pm** Pick-Up from Summit Elementary
- 3:45pm-4:10pm** Snack & Homework Time
- 4:10pm-4:40pm** Active Activity
- 4:40pm-5:00pm** Enrichment Activity
- 5:00pm** Participant Pick-Up

If participants are not picked up before 5:00pm, they will be checked out of the program and available to use the YMCA facilities at their leisure.



**Scan the QR code to sign up!**  
Registration starts June 1st

**FEE:** \$8.00 per day  
Y Member only



### NEW for the 2024-2025 school year! Flexible after school care option for Y Members!

During PEAK, we will offer opportunities for your child to discover new interests, create friendships, develop problem solving skills, burn endless energy, and engage in a variety of interest-based enrichment programming after school. Transportation is available for Summit Elementary students directly from Summit Elementary to the YMCA by a YMCA program staff. Kid-friendly snack included!

### Daily activities may include:



#### ENRICHMENT

Science, cooking, art, photography, sports



#### ADVENTURE

Swimming, indoor rock climbing, hiking, gym and outdoor games



#### KNOWLEDGE

Homework help, technology time, service projects